

## PRE-APPOINTMENT GUIDE FOR EYEBROW TATTOO

Please find attached some VERY IMPORTANT information regarding your up and coming treatment. It is vital that you read this message carefully and follow all instructions, leading up to your appointment, to ensure that you get the very best result.

### Your Client History Form

You will have received a link in your appointment confirmation email, to our Client History Form. It is ESSENTIAL that this is completed online. If you have misplaced your email containing the Client History Form link you can find the form [here](#). **We are unable to perform the treatment without this form being filled in.**

### Important Health Information

- Please ensure that you are **NOT pregnant**.
- If you are Breast feeding you will need to express for 24 hours proceeding your session
- Please notify us if you are taking blood thinners of any kind
- Please ensure that you notify us if you are taking ANY medications for the treatment of Acne or SKIN TREATMENT Medications including Doxycycline

Please ensure you notify us immediately if you suffer from any of the following:

- o Auto Immune Disorders
- o Diabetes
- o Heart Conditions
- o Blood Disorders
- o Communicable Diseases
- o Thyroid Issues
- o Problems with Healing

### Leading Up To Your Appointment

1. Please CEASE taking Fish Oil or Turmeric supplements for at least 2 weeks leading up to your Cosmetic Tattoo - to stop thinning of the blood
2. Please cease use of Vitamin A, Retinol, Retinol Palmitate or Rosehip Oil for 2 weeks on the forehead for Brow Treatments
3. Please cease the use of lightening/brightening/pigmentation treatment lotions or serums, 2 weeks before your treatment – CHECK THIS CAREFULLY on your products and ask us if you are unsure.
4. Please do not book intensive Facials, Microdermabrasion, Peels, Laser Skin Rejuv 1 week before or 10 days after your treatment
5. Please ensure that you do not have injectable appointments booked 72 hours before treatment
6. Please refrain from drinking alcohol, for a couple of days before your treatment
7. Please ensure that you refrain from any Water sports, Hot Yoga or Gym sessions etc the week following your treatment.

### Arriving To Your Appointment

Please remember that this procedure requires time and care. This process should NEVER be rushed. We allow time for each step to be conducted in a careful and safe way.

**PLEASE DO NOT BE LATE TO YOUR SESSION** and allow plenty of time for Parking etc. We are unable to perform the treatment on any clients that arrive more than 10 mins late, as this puts extreme pressure on Catherine when she is performing any treatment that requires skill and time. Please be considerate and arrive relaxed.

## **Numbing In Preparation For Your Appointment**

You are required to NUMB YOUR EYEBROWS PRIOR to your EYEBROW APPOINTMENT. You will need to buy a small tube of Emla or LMX, at the cost of approx \$18, from your local chemist.

ONE HOUR before your tattoo appointment, you should apply nearly all the tube of Emla cream to your brows and then cover it with glad wrap or apply the patch from the chemist.

Follow the instructions carefully. The glad wrap stops the cream from drying out and is more effective than the patch or leaving the cream exposed to the air.

Arrive at your appointment with the glad wrap or patch on.

Most people fold the glad wrap into a long strip and clip it to either side of your hair line to keep it on your eyes. If the numbing cream is not applied correctly it won't work. You do not have to use any numbing cream, however if it is not used the beginning of the treatment can be painful.

You can wear a pair of sunglasses to your treatment, which will help to cover the cream on the brows.

## **Some Helpful Hints**

We highly recommend washing your hair immediately PRIOR to your Cosmetic Tattoo Treatment. This will make life a lot easier for you during the healing phase. If you wash your hair regularly, and only have a fixed shower head you may want to consider booking in at a local salon for a basin wash.

We recommend purchasing makeup wipes, to help with facial cleansing, whilst your brows are healing. They are less cumbersome than a face

## **Your Perfecting Sessions**

PLEASE NOTE – Now that you have secured your FIRST SESSION, you must secure your PERFECTING SESSION and we ask that you do this IMMEDIATELY - at the time of making this booking.

Your Perfecting Session MUST be performed within a 4 to 6-week period of your original session as we book out months in advance, so this will ensure we have accommodated you, for BOTH of your “paid” treatments.

Perfecting Sessions changed to a later date than this, may result in additional fees. After 6 months, the appointment will be charged as a COLOUR BOOST treatment which increases upwards every 6 months. Please notify us IMMEDIATELY if you are unable to make your Perfecting Session and we can do our best to accommodate you. Late Cancellation fees apply as below.

## **Booking Fee, Cancellations And Appointment Confirmations**

PLEASE REMEMBER – you have agreed to our Booking Conditions when securing your appointment. This states that ALL APPOINTMENTS have a strict min **5 WORKING DAY** CANCELLATION notice. WORKING DAYS **DO NOT** INCLUDE PUBLIC HOLIDAYS OR WEEKENDS! The Cancellation Notice applies to both your ORIGINAL and PERFECTING SESSION.

PLEASE REMEMBER - WE CANNOT ACCEPT CANCELLATIONS VIA THEIR TEXT REMINDER SERVICE, EMAIL, FACEBOOK OR TEXT MESSAGE Therefore, you MUST CALL DIRECTLY, TO CANCEL. Please leave a message if we are unable to get to your call immediately, so that we know you have attempted to contact us.

We are unable to refund your booking fee , if the required cancellation notice is not given under any circumstances.

We can, however, offer a FULL refund of your deposit minus a \$50 administration fee, or change appointment times gladly, with plenty of notice.