

PRE-APPOINTMENT GUIDE FOR LIP TATTOO

Please find attached VERY IMPORTANT information regarding your up and coming treatment. It is vital that you read this message carefully and follow all instructions, leading up to your appointment, to ensure that you get the very best result. Your safety and wellness are of the **UTMOST** importance to us.

Your Client History Form

You will have received a link in your appointment confirmation email, to our Client History Form. It is **ESSENTIAL** that this is completed online. If you have misplaced your email containing the Client History Form link you can find the form [here](#). **We are unable to perform the treatment without this form being filled in.**

Important Health Information

- Please ensure that you are **NOT pregnant**.

If you are Breast feeding you will need to express for 24 hours proceeding your session

- Please notify us if you are taking blood thinners of any kind
- Please ensure that you notify us if you are taking ANY medications for the treatment of Acne or SKIN TREATMENT Medications including Doxycycline

- Please ensure you notify us immediately if you suffer from any of the following:

- o Auto Immune Disorders
- o Diabetes
- o Heart Conditions
- o Blood Disorders
- o Communicable Diseases
- o Thyroid Issues
- o Problems with Healing

Arriving To Your Appointment

This process should **NEVER** be rushed. We allow time for each step to be conducted in a careful and safe way.

PLEASE DO NOT BE LATE TO YOUR SESSION and allow plenty of time for Parking etc. We are unable to perform the treatment on any clients that arrive more than 10 mins late, as this puts extreme pressure on the specialist when she is performing a treatment that requires skill and time.

Leading Up To Your Appointment

WE DO NOT RECOMMEND THIS TREATMENT if you suffer from Cold sores and or are a smoker. We will **ONLY** consider tattooing clients who have experienced little to NO outbreaks.

If you have only experienced minimal outbreaks (less than 3), **please go to your GP and take FAMVIR Tablets for 1 to 2 weeks leading up to your appointment. You will almost CERTAINLY require this, even if you have only ever had ONE cold sore.**

1. If you are having LIP TATTOO, please take a L-Lysine Supplement for AT LEAST one week before both of your sessions. This is to help prevent a cold sore outbreak which CAN occur with Lip Tattoo.
2. Please CEASE taking Fish Oil or Turmeric supplements for at least 2 weeks leading up to your Cosmetic Tattoo - to stop thinning of the blood
3. Please cease use of Vitamin A, Retinol, Retinol Palmitate or Rosehip Oil for 2 weeks priori, either on or around the lips.

4. Please cease the use of lightening/brightening/pigmentation treatment lotions or serums, 2 weeks before your treatment either on or around the lips– CHECK THIS CAREFULLY on your products and ask us if you are unsure.
5. Please do not book intensive Facials, Microdermabrasion, Peels, Laser Skin Rejuv 1 week before or 10 days after your treatment
6. Please ensure that you do not have injectable appointments booked 72 hours before treatment
7. Please refrain from drinking alcohol, for a couple of days before your treatment
8. Please ensure that you refrain from any Water sports, Hot Yoga or Gym sessions etc the week following your treatment.
9. IF YOU HAVE HAD LIP FILLER WITHIN THE LAST 3 MONTHS we will NOT be able to perform the treatment.

Some Helpful Hints

We highly recommend washing your hair immediately PRIOR to your Cosmetic Tattoo Treatment. This will make life a lot easier for you during the healing phase. If you wash your hair regularly, and only have a fixed shower head you may want to consider booking in at a local salon for a basin wash.

We recommend purchasing makeup wipes, to help with facial cleansing, whilst your lips are healing. They are less cumbersome than a face towel.

You should purchase some straws to drink through for the first few days of healing as the lips are required to stay away from water as much as possible including hot tea / coffee.

Your Perfecting Session

PLEASE NOTE – Now that you have secured your first treatment, you must secure your Perfecting Session and we ask that you do this IMMEDIATELY - at the time of making this booking.

Your Perfecting Session MUST be performed within a 6 to 8-week period of your original session as we book out months in advance, so this will ensure we have accommodated you, for BOTH of your “paid” treatments.

Perfecting Sessions changed to a later date than this, may result in additional fees. After 6 months, the appointment will be charged as a COLOUR BOOST treatment which increases upwards every 6 months. Please notify us IMMEDIATELY if you are unable to make your Perfecting Session and we can do our best to accommodate you. Late Cancellation fees apply as below.

Deposit Refunds, Cancellations And Appointment Confirmations

PLEASE REMEMBER – you have agreed to our Booking Conditions when securing your appointment. This states that ALL APPOINTMENTS have a strict min **5 WORKING DAY** CANCELLATION notice. WORKING DAYS **DO NOT** INCLUDE PUBLIC HOLIDAYS OR WEEKENDS! The Cancellation Notice applies to both your ORIGINAL and PERFECTING SESSION (if required).

PLEASE NOTE —WE DO NOT ACCEPT CANCELLATIONS VIA OUR TEXT REMINDER SERVICE, EMAIL, FACEBOOK OR TEXT. Therefore, you MUST CALL DIRECTLY, TO CANCEL. Please leave a message if we are unable to get to your call immediately, so that we know you have attempted to contact us.